



Cranbrook ♥ Kimberley

HOSPICE SOCIETY

Hands that Serve | Hearts that Care

Volunteer Business Meeting

March 17, 2025

In Attendance: Mike J, Brian Clarkson, Jeff W, Judy M, Zena W, Francine, Marla, Anne S, Cheryl C, David S, Francine, Karolyn

Via teams: George and Judi Watson

Welcome

Four new volunteers attended the meeting which led to introductions made by all in attendance. Cranbrook Kimberley Hospice Society welcomes new volunteers:

Zena Williams, Cheryl Crich, David Savage and Judy Morrison.

A big heartfelt thank you for joining our society, we are lucky to have you all.

ACP workbook and discussion

Advanced Care Planning (ACP) was discussed at length. Please click on the link below for more information.

<https://www.interiorhealth.ca/sites/default/files/PDFS/810375-my-advance-care-plan.pdf>

A wealth of information is included in this workbook and requires an in depth look at the 5 steps to complete the planning.

April 16th is Advanced Care Planning Day!!!

McPherson's is hosting an Advanced care Planning symposium April 26 at their Cranbrook site, 1:00 pm- 4:00 pm.

An Advanced Care Planning workshop will be hosted at the Kimberley Library Tuesday, May 20, time and more details to come.

In the future there may be a workshop planned in Cranbrook.

Insurance Follow up

Outstanding questions from last meeting.

1. The office administrator is the only worker that is covered under workers compensation.

2. If a volunteer or a client is out on an outing and injures themselves, they would be covered under our liability insurance for \$10,000,000.00.

Francine reminded volunteers that is our responsibility if we are using our vehicles on behalf of hospice that we need to let your insurance broker know. We do not carry that coverage for volunteers. HUB Insurance reviewed our policy and confirmed we have excellent coverage at a fair price for a nonprofit. We must deal with Marsh Insurance located in Vancouver as they provide insurance coverage for nonprofits.

New cards

Cards will be revealed next meeting. Artist, Marilyn Oliver has graciously given us permission to use three of her paintings for 4 of the cards developed. To be consistent with our bereavement module 3 it was decided at last meeting that we will send cards to family for:

- Condolences
- 1st birthday passed,
- Holiday card
- 1 year anniversary

Cards will be managed from the office. However, as a volunteer if you would like to send a card with a very personal message, let Carolyn know.

New volunteers

We have 5 new client facing volunteers that are part of our test project “the three online modules”. When all five have finished their online training, they will have the opportunity to shadow with senior volunteers, before they take the last 4 in class modules. One more upcoming volunteers’ interview scheduled. We have 2 new volunteers that have joined to contribute in fundraising only. Welcome everyone!

- Brenda Christenson
- Zena Williams
- Kayla McKinley
- James Dumas
- David Savage
- Cheryl Crich
- Marvin Elgarlino

List of Agencies and Community Resources

Karolyn provided a copy for the group to look over and make suggestions of resources that need to be listed and aren't at this time. This is an ongoing project.

Posting meeting minutes on Website

A reminder that both board and volunteer meeting minutes will be posted on our website www.ckhospice.ca. They will be posted under the members sections. Password to member section is "heartsthatcare" exactly as you see it.

Volunteer Recruitment update:

Posters and pamphlets have been developed. These are available to take to community events we are involved in. Francine circulated "sign up" sheets at the meeting to see who would be interested in supporting the following events Gran Fondo, distributing pamphlets and posters around the community, Farmers markets. Recruitment committee has brainstormed other ideas for consideration:

- T-shirts made saying "Volunteers needed" that we could wear to events
- Hospice attending Farmers Markets (we could sell Zen stones there, promote Memory Bears) ***Not sure if this will be a go, little to no support due to timing Saturday mornings in the summer***
- Sandwich Board outside Hospice office advertising our need for volunteers and other fundraising events- Mike Jensen said he may be interested in making a sandwich board for Hospice
- Volunteer poster will go on website
- George will be doing a radio interview
- Hike for Hospice (this is popular fundraising and promotional event that is supported by other Hospice societies around the province)
- Recruitment numbers need to be determined for both Cranbrook and Kimberley

Walk & Talk:

Discussion was held about opening the "Walk and Talk" group to all our clients. In the past this was only be offered to clients that have completed the BSG's. Francine, Mike and Karolyn will work on this to get the information out.

Board Update:

George and Judi have been away for 3 months on the Island and reached out to several Hospice societies to meet with them and tour their Hospice Houses. They were specifically impressed with Cowichan Valley Hospice House noting that their local Rotary organization had also supported their landscaping for lovely gardens. Cranbrook Rotary has also offered to support our landscaping for our future Hospice House. George will be sharing with steering committee some insights he discovered after touring the Hospice houses.

The board may be expanding in the future from a board of 6 to 7 or 9.

George spoke to an article recently printed in the Townsman regarding hospice involvement. CKHS is not involved in The Green Home building project or has been asked to participate in talks regarding the new build since October of 2024. George will be speaking to the Townsman this week on behalf of Hospice regarding our plans to build a future independent Hospice House.

<https://www.cranbrooktownsman.com/news/first-look-at-renderings-of-fw-green-home-replacement-in-cranbrook-7860987>

Education:

Marla enquired if anyone had any ideas for future education they would like to bring forth. Some ideas were:

- Attending a Dr's Wolfelt seminar
- Judy mentioned that learning more about "drumming" may be of interest to our volunteers. Drumming therapy offers numerous benefits for mental and emotional well-being, including stress reduction, improved mood, increased social interaction, and enhanced cognitive function. It can also be a powerful tool for emotional expression and release, particularly in group settings". Brian Clarkson says he knows a fella that he will get more information from

****If anyone has suggestions, please let Karolyn know *****

Other:

- Kimberley Library will be purchasing two books to support Hospice. "Understanding your grief" and "The understanding your grief journal"

- Zena mentioned she will be donating diamond paintings donations to our Hospice House building fund. If you know of anyone that would be interested in a painting, please contact the office and will pass information on.
- Zena is very interested in helping with fundraising for Hospice House. **She says Kimberley's Sunrise Notary is looking for a project to support.**
- She made the suggestion that our website should have the board listed with current pictures and profiles.... board will decide
- Confirmed Fundraisers for the fall McPherson's BBQ September 6, Gran Fondo Sept 12- 13th
- We are still waiting to hear from the City of Cranbrook about our request for land donation

Next meeting: Monday, April 28 at 10:00 am at Cranbrook McPherson's Funeral Home

Adjourned: 12:05 pm